

## **Stelios Stylianidis**

### **Psychiatrist, Psychoanalyst, PhD**

Stelios Stylianidis is Professor of Social Psychiatry at the Department of Psychology at Panteion University in Athens. He is the founder and Scientific Director (1989-2015) of the Scientific Association for Regional Development and Mental Health (E.P.A.P.S.Y.). From 2016, he has been working as Scientific Consultant of E.P.A.P.S.Y. (NGO) and since 2020 he has been the Honorary President of E.P.A.P.S.Y.

Dr. Stylianidis is a psychoanalyst, and a member of the Hellenic Psycho-Analytical Society and the International Psychoanalytical Association (IPA), as well as a group analyst, and a member of the Hellenic Society of Psychoanalytic Group Psychotherapy and the Société Française de Psychothérapie Psychanalytique de Groupe (SFPPG).

His past activities include being: Past Vice President of the World Association for Psychosocial Rehabilitation, Greek Counterpart of WHO for mental health, Chief Executive Officer of Children's Psychiatric Hospital of Attica (2000 - 2004), W.H.O. Consultant ("Nations for Mental Health" Programme), as well as Director of the Community Mental Health Center in Chalkida (1989-1997).

Dr Stylianidis has professional experience (clinical work, research and administration) in France, Italy and Greece. He is a pioneer in Greece in the field of the reform of psychiatric services, linking Primary Health Care with psychiatric services in networking optimization. Dr. Stylianidis' contribution is also significant in the field of user and carer movement in mental health, both on a state and international level, wherein he has organized and implemented interventions primarily on the institutional level concerning empowerment, application of recovery model, and human rights in mental health. He is very experienced in interventions for the supervision and education of professionals in mental health services, in organisations, in hospitals and in companies.

For the last two years, he has been practicing psychoanalytic supervision for the working group of the Programme for Psychosocial Intervention for Refugees, carried out by EPAPSY for the UNHCR, and he has made a series of conference presentations on the topic of mental healthcare for refugees and migrants.

From 2011 to 2017 he was scientific responsible for the research programme "Study of Involuntary Hospitalizations in Attica" and since 2018 he has been scientific responsible for the research programme "Study of Involuntary Hospitalizations in Greece". It is a multicentric research programme, carried out in three major Greek cities, with the aim to evaluate the use of

involuntary hospitalization and coercive measures in Greece and to identify possible alternative therapeutic measures.

Dr. Stylianidis has been the author of over 160 scientific publications and has contributed over 180 interventions to the Greek mass media.

### **Recent Books:**

1. CONTEMPORARY ISSUES OF SOCIAL AND COMMUNITY PSYCHIATRY. TOWARDS A CRITICAL PERSON-ORIENTED PSYCHIATRY» (in Greek)

STYLIANIDIS S.

Topos, Athens, 2014, pages 704

2. «ADVOCACY AND EMPOWERMENT. TOWARDS A DEMOCRACY OF MENTAL HEALTH» (in Greek)

STYLIANIDIS S.

Topos, Athens, 2015, pages 272

3. «SOCIAL AND COMMUNITY PSYCHIATRY. TOWARDS A CRITICAL, PATIENT-ORIENTED APPROACH »

STYLIANIDIS S.

Springer, 2017, pages 524

### **Selected publications:**

- **Stylianidis, S.**, Peppou, L.E., Drakonakis, N., Iatropoulou, G.O., Nikolaidi, S., Tsikou, K., Souliotis, K. (2017). "Patients' views and experiences of involuntary hospitalization in Greece: a focus group study. *International Journal of Culture and Mental Health*, DOI: 10.1080/17542863.2017.1409778

- **Stylianidis, S.**, Peppou, L.E., Drakonakis, N., Douzenis, A., Panagou, A., Tsikou, K., Pantazi, A., Rizavas, Y. & Saraceno, B. (2017). Mental health care in Athens: are compulsory admissions in Greece a one-way road?. *International Journal of Law and Psychiatry*, 52, p.28-34.
- **Stylianidis S.**, Stylianoudi M.G.-L & Chondros P. (2005). Prejudice and Institution, Change and Resistance: Dismantling the Children's Psychiatric Hospital of Attica. In: Georgiopoulos A. & Rosenmaum J. (eds) *Perspectives in Cross cultural psychiatry*, Lippincott Williams & Wilkins, Philadelphia
- **Stylianidis S.**, Pantelidou S., Chondros P. (2007). Unités mobiles de santé mentale dans le Cyclades. *L'Information Psychiatrique* 83: 682-688
- **Stylianidis SF**, Pantelidou SM, & Chondros PC. (2008). Evaluation of the rehabilitation process in Greek Community Residential homes: resettlement from Greek Psychiatric Hospitals. *International Journal of Psychosocial Rehabilitation*. 13(1), 31-38
- **Stylianidis, S.**, & Pantelidou, S. (2008). Intégrer la Santé Mentale dans Communauté des Cyclades (Grèce). *L'expérience de Paros. Ville et Santé Mentale*. Paris.
- **Stylianidis, S.**, Ghionakis, N., Chondros, P. (2010). La riforma psichiatrica greca attra verso lo spettro dell'esperienza della riforma italiana. *Psichiatria di comunità*. (9) 1: 93-106.
- Magklara, K., Skapinakis, P., Niakas, D., Bellos, S., Zissi, A., **Stylianidis, S.**, Mavreas, V. (2010) Socioeconomic inequalities in general and psychological health among adolescents: a cross-sectional study in senior high schools in Greece. *International Journal of Equity Health*, 9: 3.
- Skapinakis, P., Bellos, S., Gkatsa, T., Magklara, K., Lewis, G., Araya, R., **Stylianidis, S.**, Mavreas, V. (2011). *BMC Psychiatry*, 8: 11-22.
- **Stylianidis, S.**, Chondros, P., “La réforme psychiatrique en Grèce: quelques remarques à propos de la précarité actuelle causée par la crise.”, *Rebond, VST* 2012, no 113 : 128 – 134.
- **Stylianidis, S.**, “La psychiatrie en Grèce: Entre l’harmonisation Européenne et les conséquences de la crise”, In: *Revue Soins Psychiatrie*, Ed. Elsevier – Masson, n°283, Nov-Dec 2012.

- **Stylianidis, S.**, Peppou, L. E., Drakonakis, N., Douzenis, A., Panagou, A., Tsikou, K., ... & Saraceno, B. (2017). Mental health care in Athens: are compulsory admissions in Greece a one-way road?. *International journal of law and psychiatry*, 52, 28-34.
- **Stylianidis, S.**, Peppou, L. E., Drakonakis, N., Iatropoulou, G., Nikolaidi, S., Tsikou, K., & Souliotis, K. (2017). Patients' views and experiences of involuntary hospitalization in Greece: a focus group study. *International Journal of Culture and Mental Health*, 1-12.
- **Stylianidis, S.**, & Souliotis, K. (2018). The impact of the long-lasting socioeconomic crisis in Greece. *BJPsych International* . DOI <https://doi.org/10.1192/bji.2017.31> .
- Farsaliotis, S. & **Stylianidis, S.** (2019). “Exclusion sociale et identité précaire : l'histoire de Paul. Une approche psychanalytique de l'errance”. *Cahiers de psychologie Clinique*. DOI: 10.3917/cpc.052.0133
- **Stylianidis, S.** (2019). Soins communautaires et pratiques en réseau pour des usagers psychotiques : le cas de « l'Open dialogue dans le cadre d'un centre de jour à Athènes". *Revue de Psychotherapie Psychanalytique de Groupe*, 73 (in press).

### **Major Research Activities**

- Epidemiological – Anthropological Research of the World Health Organisation (WHO Collaborating Centre of Lille) in collaboration with EPAPSY “Mental health in general population: images and realities”, Evia Island, Greece, 2004. Sample size: 900 people. Scientific Director: Stelios Stylianidis
- Epidemiological Research for the prevalence of common disorders of the Scientific Association for Regional Development and Mental Health (EPAPSY) in the general population of Paros and Antiparos Islands. Paros, Greece, 2008. Sample size: 776 people. Scientific Director: Stelios Stylianidis
- Scientific Responsible of the research “Social Exclusion and Mental Health in Metropolitan Athens” October 2010 - March 2011, 356 people, Panteion University
- Scientific Coordinator of the European Project, Daphne III, Against Domestic Violence, September 2010 - September 2012
- Scientific Responsible of the research “Study of Involuntary Hospitalizations in Athens (M.A.N.A.)”, Panteion University & EPAPSY (2011-2017).

- Scientific Coordinator of Action Programs for Mental Health Care for adolescents and teachers
- in Cyclades, Evia and Northern Suburbs of Greece, September 2010-June 2013, EPAPSY
- Scientific Responsible of the research program “Research on the involuntary admissions in the Psychiatric Hospital of Attica-Dafni: quantitative and qualitative approach” in collaboration with Panteion University of Athens, (2011-2017)
- Scientific Responsible of the project “Citizens Against Depression” in Greece. The project is funded by Iceland, Liechtenstein and Norway under the Program "We are all citizens", which is part of the overall EEA Financial Mechanism for Greece, known as the EEA Grants (2015-2016).
- Scientific Responsible for Greece in the international WHO survey (WHOCollaboratingCenterLille) «The participation of users and caregivers in revision of ICD -11 on Depression and Schizophrenia" (2016-2017).
- Scientific Responsible of the research “Study of Involuntary Hospitalizations in Greece (M.A.N.E.)”, Panteion University, National and Kapodistrian University of Athens, Aristotle University of Thessaloniki, Democritus University of Thrace, University of the Peloponnese & EPAPSY (2018 – ).
- National Coordinator for Greece in the international COST Action “Fostering and Strengthening Approaches to Reducing Coercion in European Mental Health Services (FOSTREN)”.

### **Selected International and Greek Congress/Symposiums Participations**

- Stylianidis, S. (2010).

Chairman on Recovery Symposium. *Lifelong Learning & Empowerment in Mental Health*. Paris, 11-12 February. (International Conference)

- Stylianidis, S. (2010).

“Five Years Experience of Empowering Service Users in Greece”. *Lifelong Learning & Empowerment in Mental Health*. Paris, 11-12 February. (International Conference)

- Stylianidis, S. (2010).

WHO in Europe: priorities and actions 5 years after Helsinki. Lucerne, Switzerland, 16-18 June. (11<sup>th</sup> Mental Health Counterpart Meeting)

- Stylianidis S. (2010).

«Empowerment Leadership Meeting», The Leuven Institute for Ireland in Europe, EUFAMI, Leuven, Belgium, 27 – 28 October.

- Stylianidis S. (2010).

«Mental Health Gap Action Programme (mhGAP)», WHO, Geneva, Switzerland, 7 October.

- Stylianidis, S. (2010).

Mental Health Gap in Europe and in Greece. 4<sup>th</sup> *International Congress on Brain & Behaviour*. Thessaloniki, Greece. (International Society on Brain and Behaviour)

- Stylianidis, S. (2010).

The case of Leros. *Forgotten Europeans, Forgotten Rights*. Brussels, Belgium. (OHCHR Regional Office Seminar)

- Stylianidis, S. (2011).

Experiences in South – East European countries. “*Beyond the Walls, the transition from hospital to community based care*”. Trieste, Italy, 13-16 April. (International Conference, Trieste Mental Health Department)

- Stylianidis, S. (2011).

The role of evaluation research and training in deinstitutionalisation. Synergies among WHO Collaborating Centres and Research Institutes. “*Beyond the Walls, the transition from hospital to community based care*”. Trieste, Italy, 13-16 April. (International Conference, Trieste Mental Health Department)

- Stylianidis, S. (2011).

The Right to Live and be Included in the Community. *Disability Rights: From Charity to Equality*. 31 May – 5 June, Dublin, Ireland. (Law Program Coordinators Meeting – Open society foundations)

- Stylianidis, S., Pantelidou, S.

"Principles and Theoretical framework of Transcultural Psychiatry Approach: Moral and Ethical problems in clinical work with Albanian immigrants KMPSY EPAPSY of Paros", January 27, 2012, Workshop "Immigrants: Crime and Victimization," Greek Psychiatric Association

- Stylianidis, S.

Coordinator of the Roundtable on "Economic Collapse and Mental Health: The European Policy in Focus" at the Regional Conference on Psychosocial Rehabilitation on "Psychosocial Rehabilitation in conditions of Economic Crisis: What changes, what new needs", in collaboration with of WAPR and D / Division of Mental Health and Social Solidarity 30 - March 31, 2012, Athens

- Stylianidis, S.

Discussant In the Expert Group Meeting of the OECD Mental Health project, at the OECD Conference Centre in Paris, March 26th-27th , 2012

Stylianidis, S., Pantelidou, S., Chondros, P., Lavdas., M.

“Networking, community resources and mental health in remote areas: the experience of the Mobile Units in Cyclades islands”

11th World Congress of WAPR, 10-13 November 2012, Milan, Italy

- Stylianidis, S., Peppou, L.E., Drakonakis, N.

“Epidemiological research on the involuntarily and voluntarily hospitalized patients in the mental hospital of Attica: Recent data and violation of human rights”

11th World Congress of WAPR, 10-13 November 2012, Milan, Italy

- Stylianidis, S., Habib, M., Agnetti, G., Bechdolf, A.

CHAIR: Stylianidis, S.

Symposium: “Theory and practice of psychotherapy integration and psychosocial Rehabilitation - archaic controversies or new meaning?”

11th World Congress of WAPR, 10-13 November 2012, Milan, Italy

➤ Stylianidis, S.

“Critical aspects of advocacy and empowerment”

In Symposium: “Advocacy and empowerment in mental health”

“The Multidisciplinary Facets of Psychiatry,” November 29 – December 2, 2012, Athens

➤ Stylianidis, S.

“Barriers in the implementation of recovery to South East European countries”

In Symposium: “The concept of recovery model: Theoretical principles and practical applications in psychosocial rehabilitation”

World Psychiatric Association Thematic Conference on Intersectional Collaboration: “The Multidisciplinary Facets of Psychiatry,” November 29 – December 2, 2012, Athens

➤ Stylianidis, S.

"Defending rights in a context of multilevel crisis"

The Symposium: "Rights, representation and employment of mentally ill people"

3rd National Interdisciplinary Conference "Mental Health, Technology and Telematics Applications", May 15-17, 2013, Athens

➤ Stylianidis, S.

Discussant in the xxii CEDEP Seminaire annuel “Cliniques en situation clinique de mouvements”, May 18th-20th, 2013, Paris.

➤ Stylianidis, S.

Lecture in the International Meeting «Kick-off Reform Child & Youth Psychiatry», May 21th 2013, Brussels

➤ Stylianidis, S.

Lecture in the 16th GAMIAN-EUROPE Annual Convention: “How to survive an economical and financial crisis”, 19-21 September 2013, Vilnius, Lithuania



- Stylianidis, S.

Discussant in the XXIV<sup>e</sup> Séminaire du CEDEP «Des changements qui nous contraignent aux changements que nous voulons», 7-9 June 2014, Saint-Cyprien, France

- Stylianidis, S.

Discussant in the XXV<sup>ème</sup> Sèminaire du CEDEP « Fanatisme et dogmatisme », 23-24-25 May 2015, Paris

- Stylianidis, S.

Participation in the Round Table «Psychiatric Care and Patient Rights», Mental Health Conference. Taking Action to overcome barriers to Mental Health Care, 3 November 2016, Athens

- Stylianidis, S., Navridis, K.

«Psychose et sexualité dans un foyer de rehabilitation psychosociale à Athènes : Antinomies entre la honte, la culpabilité et les objectifs de rétablissement», SFPPG Conference : “Groupe et psychopathologie de la vie quotidienne”, 16-17 March 2018, Besancon