

Stelios Stylianidis

Psychiatrist – Psychoanalyst – Group Analyst
Professor of Social Psychiatry,
Panteion University of Social and Political Sciences
Scientific Consultant of the
Scientific Association for Regional Development and Mental Health (E.P.A.P.S.Y.)

Stelios Stylianidis is **Professor of Social Psychiatry** at the *Department of Psychology at Panteion University of Social and Political Sciences* in Athens. He is the **founder and Scientific Director** (1989-2015) of the *Scientific Association for Regional Development and Mental Health (E.P.A.P.S.Y.)*, and from 2016, he is **Scientific Consultant** of E.P.A.P.S.Y. (NGO), and **Past Vice President of the World Association for Psychosocial Rehabilitation**. Dr. Stylianidis is a **psychoanalyst**, and a member of the *Hellenic Psycho-Analytical Society* and the *International Psychoanalytical Association (IPA)*, as well as a **group analyst**, and a member of the *Hellenic Society of Psychoanalytic Group Psychotherapy* and the *Société Française de Psychothérapie Psychanalytique de Groupe (SFPPG)*. His past activities include being: **Greek Counterpart of WHO for mental health**, **Chief Executive Officer** of *Children's Psychiatric Hospital of Attica* (2000 - 2004), **W.H.O. Consultant** ("Nations for Mental Health" Programme), as well as **Director** of the *Community Mental Health Center in Chalkida* (1989-1997). Dr Stylianidis has professional experience (clinical work, research and administration) in France, Italy and Greece. He is a pioneer in Greece in the field of the **reform of psychiatric services**, linking Primary Health Care with psychiatric services in networking optimization. Dr. Stylianidis' contribution is also significant in the field of **user and carer movement in mental health**, both on a state and international level, wherein he has organized and implemented **interventions** primarily on the institutional level concerning **empowerment**, the application of the **recovery model**, and **human rights in mental health**. Dr. Stylianidis has been the author of over 150 scientific publications.

RECENT BOOKS

- «CONTEMPORARY ISSUES OF SOCIAL AND COMMUNITY PSYCHIATRY. TOWARDS A CRITICAL PERSON-ORIENTED PSYCHIATRY» (in Greek), STYLIANIDIS S., Topos, Athens, 2014, pages 704.

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- «ADVOCACY AND EMPOWERMENT. TOWARDS A DEMOCRACY OF MENTAL HEALTH» (in Greek), STYLIANIDIS S., Topos, Athens, 2015, pages 272.
- «SOCIAL AND COMMUNITY PSYCHIATRY. TOWARDS A CRITICAL, PATIENT-ORIENTED APPROACH » STYLIANIDIS S., Springer, 2017, pages 524.

SELECTED PUBLICATIONS

- Stylianidis S., Stylianoudi M.G.-L & Chondros P. (2005). Prejudice and Institution, Change and Resistance: Dismantling the Children's Psychiatric Hospital of Attica. In: Georgiopoulos A. & Rosenbaum J. (eds) Perspectives in Cross cultural psychiatry, Lippincott Williams & Wilkins, Philadelphia
- Stylianidis S., Pantelidou S., Chondros P. (2007). Unités mobiles de santé mentale dans le Cyclades. *L'Information Psychiatrique* 83: 682-688
- Stylianidis SF, Pantelidou SM, & Chondros P.C. (2008). Evaluation of the rehabilitation process in Greek Community Residential homes: resettlement from Greek Psychiatric Hospitals. *International Journal of Psychosocial Rehabilitation*. 13(1), 31-38
- Stylianidis, S., & Pantelidou, S. (2008). Intégrer la Santé Mentale dans Communauté des Cyclades (Grèce). *L'expérience de Paros. Ville et Santé Mentale*. Paris.
- Stylianidis, S., Ghionakis, N., Chondros, P. (2010). La riforma psichiatrica greca attraverso lo spettro dell'esperienza della riforma italiana. *Psichiatria di comunità*. (9) 1: 93-106.
- Magklara, K., Skapinakis, P., Niakas, D., Bellos, S., Zissi, A., Stylianidis, S., Mavreas, V. (2010) Socioeconomic inequalities in general and psychological health among adolescents: a cross-sectional study in senior high schools in Greece. *International Journal of Equity Health*, 9: 3.

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- Skapinakis, P., Bellos, S., Gkatsa, T., Magklara, K., Lewis, G., Araya, R., Stylianidis, S., Mavreas, V. (2011). The association between bullying and early stages of suicidal ideation in late adolescents in Greece. *BMC Psychiatry*, 8: 11-22.
- Stylianidis, S., Chondros, P., “La réforme psychiatrique en Grèce: quelques remarques à propos de la précarité actuelle causée par la crise.”, *Rebond, VST* 2012, no 113 : 128 – 134.
- Stylianidis, S., “La psychiatrie en Grèce: Entre l’harmonisation Européenne et les conséquences de la crise”, In: *Revue Soins Psychiatrie*, Ed. Elsevier – Masson, n°283, Nov-Dec 2012.
- Stylianidis, S., Peppou, L. E., Drakonakis, N., Douzenis, A., Panagou, A., Tsikou, K., ... & Saraceno, B. (2017). Mental health care in Athens: are compulsory admissions in Greece a one-way road?. *International journal of law and psychiatry*, 52, 28-34.
- Stylianidis, S., Peppou, L. E., Drakonakis, N., Iatropoulou, G., Nikolaidi, S., Tsikou, K., & Souliotis, K. (2017). Patients’ views and experiences of involuntary hospitalization in Greece: a focus group study. *International Journal of Culture and Mental Health*, 1-12.
- Stylianidis, S., & Souliotis, K. (2018). The impact of the long-lasting socioeconomic crisis in Greece. *BJPsych International*. DOI <https://doi.org/10.1192/bji.2017.31> .
- Stylianidis, S. & Navridis, K. (2018). Psychose et sexualité dans un foyer de réhabilitation psychosociale à Athènes. *Revue de Psychothérapie Psychanalytique de Groupe*, 71.

RECENT RESEARCH ACTIVITIES

- ❖ Epidemiological – Anthropological Research of the World Health Organisation (WHO Collaborating Centre of Lille) in collaboration with EPAPSY “Mental health in general population: images and realities”, Evia Island, Greece, 2004. Sample size: 900 people. Scientific Director: Stelios Stylianidis

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- ❖ Epidemiological Research for the prevalence of common disorders of the Scientific Association for Regional Development and Mental Health (EPAPSY) in the general population of Paros and Antiparos Islands. Paros, Greece, 2008. Sample size: 776 people. Scientific Director: Stelios Stylianidis
- ❖ Scientific Responsible of the research “Social Exclusion and Mental Health in Metropolitan Athens” October 2010 - March 2011, 356 people, Panteion University
- ❖ Scientific Coordinator of the European Project, Daphne III, Against Domestic Violence, September 2010 - September 2012
- ❖ Scientific Responsible of the research “Voluntary and Involuntary in Psychiatric Hospital of Attica and Sismanoglio General Hospital "in October 2010, Panteion University
- ❖ Scientific Coordinator of Action Programs for Mental Health Care for adolescents and teachers in Cyclades, Evia and Northern Suburbs of Greece, September 2010-June 2013, EPAPSY
- ❖ Scientific Responsible of the research program “Research on the involuntary admissions in the Psychiatric Hospital of Attica-Dafni: quantitative and qualitative approach” in collaboration with Panteion University of Athens & the Scientific Association for Regional Development and Mental Health (EPAPSY), (2011-2017)
- ❖ Scientific Responsible of the project “Citizens Against Depression” in Greece. The project is funded by Iceland, Liechtenstein and Norway under the Program "We are all citizens", which is part of the overall EEA Financial Mechanism for Greece, known as the EEA Grants (2015-2016).
- ❖ Scientific Responsible for Greece in the international WHO survey (WHOCollaboratingCenterLille) «The participation of users and caregivers in revision of ICD -11 on Depression and Schizophrenia" (2016-2017).
- ❖ Scientific Responsible of the research program “Study of involuntary hospitalisations in Greece” in collaboration with Panteion University of Athens, National and Kapodistrian University of Athens, Aristotle University of Thessaloniki, Democritus University of Thrace, University of the Peloponnese & the Scientific Association for Regional Development and Mental Health (EPAPSY) (2018-).